

# Art of Spiritual Direction



**T**HE CENTER FOR SPIRITUAL DEVELOPMENT and Loyola Marymount University, offer a joint Certificate in the Art of Spiritual Direction. This certificate program leads toward continuing education credit hours (c.e.u.) of specialized or upper-level ministry studies. Successful completion of the three-year program results in the reception of the professional ministry credential called the Certificate in the Art of Spiritual Direction from LMU/ LA and the Center for Spiritual Development. Upon acceptance to LMU's degree program, students who complete the course are eligible to receive 6 credits towards a Masters Degree in Pastoral Studies with an emphasis in Spiritual Direction.

## *Purpose of the Program*

To provide a holistic program which integrates theology, Scripture, psychology, spirituality, skills development and supervision in the art of spiritual direction, for individuals who discern in themselves a call to the ministry of spiritual direction.



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## ***Who May Apply***

Men and women of all cultures and faith traditions in whom there is a recognizable call to the ministry of spiritual direction and who seek formal preparation.

## ***Prerequisites***

- Be in on-going and continued spiritual direction for at least two years
- Be in a faith community
- Be committed to a life of prayer and discernment
- Minimum age: 35

## ***Course Information***

All classes are held at the Center for Spiritual Development on 10 Saturdays each year - September - June. Sessions feature content, guided reflection questions, small group conversations, reading and journaling. Years 2 and 3 of the program include practicum sessions in mentoring groups. Adherence to the policies outlined in the Student Handbook is essential. Assessment is based on reading and related assignments to be submitted, practicum under the supervision of experienced directors, and individual supervision.

## ***Admission Application Must Include:***

- Completed Application Form
- \$100 Application Fee (non-refundable)
- An Autobiography (approximately 2 pages typed)
- 2 Letters of Recommendation
- For details, visit [www.thecsd.com](http://www.thecsd.com)

Following admission application, an interview will be arranged. Admission will be confirmed by letter of acceptance following the interview.

***Application Due Date:*** July 31

Enrollment is limited. Please apply early.

***Please mail your Admission Application to:***

Cecilia Magladry, CSJ

Center for Spiritual Development

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